

“Whatever you do for the least of my brothers and sister, you do for me.” (Matthew 25:40)

Jesus Christ taught us that man not only receives and experiences the mercy of God, but we are called to practice mercy toward others: "Blessed are the merciful, for they shall obtain mercy" (Matthew 5:7). The Holy Spirit inspires our daily commitment to the Corporal Works of Mercy through selfless, compassionate acts in response to the needs of the most vulnerable members of our community.

We welcome your participation helping St. Aloysius fulfill an important parish ministry by delivering **Meals-On-Wheels** in New Canaan. Meal-on-Wheels is a community non-profit organization dedicated to providing nutritious meals to any resident of New Canaan who is unable to prepare the meals necessary to maintain their health and independence. Meals may be provided on a short or long-term basis depending on individual need. There are no age restrictions and this service is given regardless of the individual's ability to pay.

Hot and cold meals are delivered to clients five days a week (Monday – Friday), 52 weeks of the year including Thanksgiving and Christmas. These meals are prepared in the Waveny Care Center kitchen to accommodate dietary needs. They are then packaged and delivered each weekday to clients' homes by five or six volunteer drivers using their own cars.

Last year a rotating list of 200 volunteers from New Canaan churches and many service organizations delivered 15,268 meals to residents in need of our service. **St. Aloysius Church is committed to delivering meals every Tuesday from 10:40am – noon to 3 of the routes.**

Please contact me at 203-652-1171 or kathleencd@starcc.com if you are interested in joining our ministry.

Kathleen Redman

St. Aloysius Church – Meals on Wheels volunteer coordinator