

St. Aloysius Religious Education 2017-2018

2nd Grade

- 4:00pm Welcome (Risen Christ coloring page and *to ensure accuracy, class attendance must be accurately recorded by a catechist and not another student - class attendance is an official document retained by the parish and the diocese*)
- 4:05pm We Gather - in Prayer at the prayer table
(*use colored table covering for appropriate liturgical season*)
Use the Gospel Reading “Hearing the Word” from the previous Sunday in Celebrating Sunday for Catholic Families book in the prayer box
- 4:10pm Review previous lesson using one of the pages from the Activity Book.
- 4:15pm **Chapter #27 “Jesus Come to Us”**
Chapter #28 “Jesus, My Lord and My God”

During the Eucharistic Prayer, the power of The Holy Spirit – through the priest – changes the bread and wine into the Body and Blood of Jesus. This change is called Transubstantiation. You may receive Jesus in Holy Communion in 3 ways:

1. **By the hand** – cup your left hand over your right hand (“J” for Jesus), lift your hands shoulder height. You are making a throne or a manger for Jesus! The priest, deacon or extraordinary minister will say “The Body of Christ,” place Jesus in your throne and you should take your right hand and consume Our Lord in the presence of the priest, deacon or extraordinary minister and then make the Sign of The Cross and return quietly to your pew.
2. **By the mouth** - have your hands folded in prayer, tilt back your head, open your mouth and stick out your tongue. The priest, deacon or extraordinary minister will say “The Body of Christ,” place Jesus in your mouth. Consume Our Lord in the presence of the priest, deacon or extraordinary minister and then make the Sign of The Cross and return quietly to your pew.
3. **By consuming The Precious Blood** - the priest, deacon or extraordinary minister will say “The Blood of Christ,” hand you the chalice filled with The Precious Blood of Christ. You take the cup to your lips and take a sip, consuming Our Lord in the presence of the priest, deacon or extraordinary minister, hand them back the chalice and then make the Sign of The Cross and return quietly to your pew.

Receiving Jesus in Holy Communion places us placed in union with Jesus. He comes to live in our souls; He brings us God’s life. We are united to Jesus in such a special way; we are filled with His love. This union is so great and holy; we meet God within our hearts. Review 5 steps to receiving Jesus: ensure one has a healthy soul, observe fasting prior to receiving, participate in Mass, reverence for Our Lord and thanksgiving to God.

- *We Believe* -

Consecration = the part of The Mass when the priest changes the bread and wine into the Body and Blood of Jesus. We are reminded of the Last Supper when Jesus gave us this Sacrament.

Holy Communion = the Sacrament in which Jesus comes to us under the appearance of bread and wine; the Body and Blood of Jesus. In Communion, we receive Jesus to nourish our soul and share in His divine life.

- *We Respond* – watch DVD – “*The Angels First Communion Lesson*” 13 min.

- *We Respond* – practice receiving Holy Communion

Have the children just practice lining up in a straight line, bowing before receiving the host and how to place their hands.

4:55pm Closing Prayer –

“When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.”

Ask the children to say a petition aloud for someone or something they would like to pray for.

“When can I visit with Jesus?”

As Catholics, we believe that the Church is the House of God, to which He invites all His children -- where they may give thanks, prayers and worship to their God and Creator. Like any house to which one is invited, there is always some sort of basic etiquette, and God's house is no different. Below are some basics to help you feel more at home, and to participate more fully in The Mass.

Mass Etiquette: 20 Things To Do And Not Do In Mass

1. **Fast before Mass.** It is Church law that one fasts for at least 1 hour before receiving Holy Communion. The only exceptions are medicine, water or unless someone is ill and needs to eat sooner.
2. **No Food and Drink in Church.** The only exceptions would be milk for infants, water for the priest or choir and those who are ill.
3. **Men take your hats off.** It is impolite to wear a hat into any church for a man.
4. **Don't chew gum in church.** It is just wrong to chew gum and then consume Our Lord.
5. **Cross yourself with Holy Water on entering and leaving the church.** This is a reminder of our Baptism, which made us members of Christ's Church.
6. **Dress modestly and appropriately.** Wear your Sunday best. As Catholics, we believe that God comes down to meet us at every Mass. Why would we not dress up?
7. **Show up at least a few minutes early.** If you can't be on time, then sit in the back so you don't disturb others.
8. **Cell phones should never be used in Mass for calls or texting.** The ONLY exceptions are emergencies (big ones) and if you are using the phone for readings or prayers.
9. **Don't sit on the edge of the pew if you sit down before others.** Rather, sit in the middle so others don't have to climb over you.
10. **When we enter and leave Church, genuflect toward the Tabernacle.** Christ is present for our sake. By allowing our right knee to hit the floor, we acknowledge He is our Lord and God. A bow is sufficient. During Mass, if you pass in front of the altar or tabernacle, bow reverently.
11. **Sit quietly while in church.** Once you enter the sanctuary - it is not the time or place to visit with those around you. If you must talk do so as quietly and briefly as possible. Remember that your conversation might be disturbing someone who is in prayer, which is much more important. Sssshhhhhhhhh.
12. **Respect Boundaries others may have.** You might want to hold hands to pray, they may not. They might be sick and not want to shake during the sign of peace. These are all OK. Do not make any unnecessary judgment because they worship differently.

13. **Bow before receiving Holy Communion.** If it is God, then show your respect with a bow of the head. *When the Eucharistic minister presents the Host and says “The Body of Christ” or “The Blood of Christ” (for the Chalice), the proper response is a simple “Amen!” This indicates that you know and believe that what you are about to receive is Jesus Himself. Please make sure you have a firm hold on the Chalice (without grabbing it) from the Eucharistic minister. Please consume the Host immediately. If you do not, a Communion Minister may ask you to. This is to protect the Sacrament. Intinction (“dipping” the Host in the Precious Blood) is not allowed.*
14. **Do not receive from the chalice if you are sick.** This is an act of charity. *It is sufficient to receive under either Eucharistic species (the Body or Blood) to truly receive Communion. So if you “forgot” one species or the Precious Blood ran out – you received Communion.*
15. **Pray after Communion.** It is a good custom, to offer a prayer of thanksgiving after receiving Holy Communion. *“Dear God, Your love for me is kind and merciful. Send me your Spirit, so that I may choose to be more kind and merciful. Amen.”*
16. **Do not leave early.** We should stay to the end of the Mass and sing the recessional hymn.
17. **Please wait until the priest has exited** before making your pilgrimage to the parish coffee.
18. **Leave quietly.** We encourage you to visit with others, but once you are outside of the main sanctuary of the church so you won't disturb others who want to stay and pray.