

St. Aloysius Religious Education
3rd and 4th Grade
Adoration

4:00pm Welcome (*To ensure accuracy, **class attendance must be accurately recorded by a catechist and not another student** - class attendance is an official document retained by the parish and the diocese*)

8:50am/4:05pm Catechist read the following to explain what Adoration and Exposition is in classroom.

The Blessed Virgin Mary, the Mother of God, appeared six times to three shepherd children (Lucia, Jacinta and Francisco) near the town of Fatima, Portugal between May 13th and October 13th, 1917. Appearing to the children, the Blessed Virgin told them that She had been sent by God with a message for every man, woman and child living in our century. Before Our Lady appeared to Lucia, Jacinta and Francisco at Fatima, an angel, holding a chalice and the Eucharist, visited the three children. The angel placed the Body and Blood of Our Lord suspended in air and then knelt down by the children. The angel showed the children how to prostrate or bow before Jesus, humbling themselves before the amazing and true presence of Our Lord in the Eucharist.

<http://www.ourladyoffatima.org/fatima/fatima.htm>

Reverence is shown to The Blessed Sacrament (the Eucharist) by our posture and gestures in the course of the Mass, and in countless other ways outside of Mass -- the genuflection toward the Tabernacle (in which the Sacrament is kept) upon entering a Church, by crossing oneself, the kneeling in the presence of the exposed Sacrament.

You start by promising to give Jesus your hearts and your minds and tell Him that you truly believe He is present with you – not just in spirit, but truly here just as you are and tell Jesus that you love him! Bring your hearts and minds to Jesus. The simplest, least formal, and most common way that Catholics honor Christ in the Eucharist outside of the Mass is by making simple visits to a Church to be near the Blessed Sacrament. They may go to pray, to sit quietly, and to meditate - focus for a period of time, in silence.

8:55am *On Sunday, all 3rd, 4th and 5th grade classes will meet in the Maple Street Dining of Stapleton Hall and sit on the floor for Adoration and Exposition of The Blessed Sacrament.*

4:10pm *On Monday – Wednesday, all 3rd, 4th and 5th grade classes will meet in the main Church Sanctuary and sit in the pews for Adoration and Exposition of The Blessed Sacrament.*

4:40pm **Adoration - you may not have time to complete the attached lesson.**

Jesus taught his followers how to pray. We often think of prayer as something we memorize and offer at Mass, before meals and at bedtime... but **praying is really a way of keeping God in our lives throughout the day!** There are many other ways to pray if you think of talking, singing or listening to God – anytime, anywhere.

- *We Believe* –

Prayer – listening and talking to God.

Liturgy – the official public prayer of the Church.

Pilgrimages – prayer-journeys to holy places.

Eternal life – living forever with God in the happiness of Heaven.

- *We Respond* –

Discuss the Children of Hope Eucharistic Adoration brochure (*which details different types of prayer and the children may take home*). **Remind them of the prayer chain we created when learning about Prayer.**

ADORATION (Praise) (**bright yellow strip**): We show Jesus that we love and respect the awesome gift of His true presence in the Eucharist by kneeling or sitting reverently, praying and listening in silence.

I can say “I love you, Jesus”

CONTRITION (Petition) (**pink strip**) We kneel or sit in silence to examine our conscience, acknowledge the abundance of Jesus’ mercy, and pray for the poor souls in purgatory.

I can say “I’m sorry, Jesus”

THANKSGIVING (**green strip**): We express gratitude for our many blessings.

I can say “Thank You, Jesus”

SUPPLICATION (Intercession) (**purple strip**): We kneel or sit reverently and humble ourselves as we offer intentions silently.

I ask Jesus for the needs of myself, my family, friends or sick people.

We just spent time with Jesus in Adoration and Exposition. Think about how you bring your hearts and minds to Jesus. The simplest, least formal, and most common way that Catholics honor Christ in the Eucharist outside of the Mass is by making simple visits to a Church to be near the Blessed Sacrament, like we just did. They may go to pray, to sit quietly, and to meditate.

Become very quiet in your heart and in your mind.

Say silently: “Hello, Jesus! I love you!” or some act of love.

Your heart is like a little cup; we bring this to Jesus to fill us with His grace.

Jesus, fill my heart with your love, your peace.

Ask the Holy Spirit to help you pray during this time.

You can think of the wind as a symbol of the Holy Spirit. Although unseen, the Holy Spirit moves in our lives and in the world. Like a gentle breeze, the Holy Spirit comforts us in times of difficulty. Like a mighty wind, the Holy Spirit empowers us to bravely confront evil. Just as air is essential to physical life, so prayer is essential to spiritual life.

- *We Respond* – if you have time - watch “*When Children Adore*” (1st chapter) 30 min.

Fr. Antoine Thomas leads a lively discussion group with children on such topics as: the Mass, the Rosary, Eucharistic Adoration and private prayer.

4:55pm Closing Prayer – 1 abbreviated Decade of the Rosary

1 Our Father

1 Hail Mary

1 Glory Be

Ask the children to say a petition aloud for someone or something they would like to pray for.

“When and where do I pray?”

Our Father, who art in Heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth
as it is in Heaven.

Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who
trespass against us;
and lead us not into temptation,
but deliver us from evil.

Amen.

Hail Mary, full of grace,
the Lord is with thee;
blessed art thou among women,
and blessed is the fruit of thy womb,
Jesus.

Holy Mary, mother of God,
pray for us sinners,
now and at the hour of our death.

Amen.

Glory be to the Father,
and to the Son
and to the Holy Spirit,
as it was in the beginning is now,
and ever shall be
world without end.

Amen.