



St. Aloysius Religious Education 2017
The Rite of Eucharistic Exposition and Benediction with Clergy
Week of February 5th – February 9th

Sunday	8:55am – 9:20am (3 rd & 4 th grade leave) – 9:35am (5 th & 6 th grade leave)	Deacon Steve
Monday	4:10pm – 4:35pm (3 rd & 4 th grade leave) – 4:50pm (5 th & 6 th grade leave)	Father Ralph
Tuesday	4:10pm – 4:35pm (3 rd & 4 th grade leave) – 4:50pm (5 th & 6 th grade leave)	Father Kinnally
Wednesday	4:10pm – 4:35pm (3 rd & 4 th grade leave) – 4:50pm (5 th & 6 th grade leave)	Father Kinnally
Thursday	4:10pm – 4:35pm (3 rd & 4 th grade leave) – 4:50pm (5 th & 6 th grade leave)	Father Cyrus



8:45am/4:00pm Catechist to read/discuss what Adoration and Exposition is in classroom prior to walking over to Maple Street Dining Room/ Church Sanctuary

The Blessed Virgin Mary, the Mother of God, appeared six times to three shepherd children (Lucia, Jacinta and Francisco) near the town of Fatima, Portugal between May 13th and October 13th, 1917. Appearing to the children, the Blessed Virgin told them that She had been sent by God with a message for every man, woman and child living in our century. Before Our Lady appeared to Lucia, Jacinta and Francisco at Fatima, an angel, holding a chalice and the Eucharist, visited the three children. The angel placed the Body and Blood of Our Lord suspended in air and then knelt down by the children. The angel showed the children how to prostrate or bow before Jesus, humbling themselves before the amazing and true presence of Our Lord in the Eucharist. <http://www.ourladyoffatima.org/fatima/fatima.htm>

Reverence is shown to The Blessed Sacrament (the Eucharist) by our posture and gestures in the course of the Mass, and in countless other ways outside of Mass -- the genuflection toward the Tabernacle (in which the Sacrament is kept) upon entering a Church, by crossing oneself, the kneeling in the presence of the exposed Sacrament.

You start by promising to give Jesus your hearts and your minds and tell Him that you truly believe He is present with you – not just in spirit, but truly here just as you are and tell Jesus that you love him! Bring your hearts and minds to Jesus. The simplest, least formal, and most common way that Catholics honor Christ in the Eucharist outside of the Mass is by making simple visits to a Church to be near the Blessed Sacrament. They may go to pray, to sit quietly, and to meditate - focus for a period of time, in silence.

8:55am *On Sunday, all 3rd, 4th, 5th and 6th grade classes will meet in the Maple Street Dining of Stapleton Hall and sit on the floor.*

4:10pm *On Monday – Thursday, all 3rd, 4th, 5th and 6th grade classes will meet in the main Church Sanctuary and sit in the pews.*

Preparations:

Monstrance (*in safe*) and **angel stand** (*in Priest sacristy vestment closet*) displayed on table with tablecloth in Maple Street Dining Room or on the Altar in the church. *Use wooden crate to elevate Monstrance in Maple Street Dining Room.*

Processional candle(s) (*on sanctuary in stand in the church*) lit, to be carried by to servers. (*we use sanctuary candles on Sunday*)

Altar candles (*3 on either side next to Altar in church or 2 sanctuary candles on the table in the Maple Street Dining room*) lit. (*we use sanctuary candles on Sunday*)

Thurible (*on sanctuary in the church*) filled with incense (use a full brick of coal and the crystal incense) standing in the Maple Street Dining Room or on the sanctuary in the church.

Bells (*on sanctuary on pillow*)

Easels (2) set up on either side of the Altar (*on the green church carpet*) with **Posters** of Act of Love (2), Anima Christi (2) and Divine Praises (2)

Church lights set at #4 or #5

CD Player (*for Maple Street Dining Room*)

CD of Adoration Music (“O Sacrament Most Holy”, “Tantum Ergo” and “Holy God, We Praise Thy Name”)

<http://www.guidedchildrensadoration.com/complete-plans.html>

<http://www.childrenofhope.org/index.html>

Director of Religious Education (Marie Pascale)	=	green
The Priest or Deacon	=	red
Candle Bearers/Altar Server	=	blue
ALL	=	black

The 3rd grade will sit in the first 4 pews closest to the Ambo and exit closest to the school

The 4th grade will sit in the first 4 pews closest to the Baptismal Font and exit through the chapel

The 5th grade will sit in the first 4 pews closest to the center of the Ambo and exit closest to the school

The 6th grade will sit in the first 4 pews closest to the center of the Baptismal Font and exit closest to the school

Upon entering the church ALL should bless themselves by making the Sign of The Cross with Holy Water and bow or genuflect towards the tabernacle. Enter the pew and wait to greet Jesus with all your heart.

Prior to the arrival of The Blessed Sacrament, the Director of Religious Education (Marie Pascale Vandall) will address the children in the Maple Street Dining Room/Church on the proper respect and gestures for Adoration, Exposition and Benediction.

“As Catholics, our bodies reflect what we are doing.

When we sit; we listen,

When we kneel: we are repenting or adoring,

When we bow down: we make ourselves very small and humble before Our God in Adoration.

Adoration is when the faithful visit and pray with Our Lord in the Chapel or the Church where Jesus is in the Tabernacle. Exposition is when The Blessed Sacrament is exposed and

adored by the faithful in the Monstrance (*there should be a Monstrance and Luna on the ambo to point to while talking*). The *Monstrance* is the sacred vessel that is most often used to display the Body of Christ during Eucharistic Adoration. The word “monstrance” comes from the Latin word meaning “to show.” The *Luna* is the round glass case in the center of the Monstrance that actually holds the consecrated host. Its name comes from the Latin word “moon.” At the end of Adoration and Exposition, the priest in Benediction holds the Blessed Sacrament Who is the Lord Jesus Christ, and **Christ Himself directly blesses you**. Again, it is not the priest who blesses in the person of Christ, but Christ *Himself* that blesses. In order to signify that the priest is *not* blessing you, the priest covers his hands with a special vestment - the Humeral Veil, which drapes over his shoulders and covers his hands (*humurus* means “shoulder” so a humeral veil is a “shoulder veil”).

What do you actually do during Adoration or Exposition of The Blessed Sacrament? Here are some things you can do in Adoration or Exposition:

- Read Bible stories or stories about the Saints,
- Recite prayers silently,
- Ask for forgiveness,
- Ask for help for yourself or others,
- Thank Him for something,
- Pray the Rosary,
- Tell Jesus all that is on your mind and listen to His response,
- Sit quietly and just “be” in His presence.

After we have silently spent time in Adoration, I will come over to the 3rd grade and 4th grade and motion to you to leave the church in silence and return to your classroom. The 5th grade and 6th grade classes will remain until we finish Adoration and Benediction. The “Our Father” and “Hail Mary” prayers will be led by the priest/deacon and prayed aloud by all of us. When the time comes ... the words to the “Act of Love”, “Anima Christi” and “Divine Praises” are on the posters in front of you, for you to repeat after the priest/deacon.

9:00am *On Sunday, the priest or deacon will process with The Blessed Sacrament (in Luna) and 2 candle bearers/altar servers from the Tabernacle in the Chapel to the Maple Street Dining Room. The priest or deacon will incense The Blessed Sacrament using the thurible. The 2 candle bearers/altar servers will sit to the side of the altar.*

4:15pm *On Monday – Thursday, the priest or deacon will process with The Blessed Sacrament (in Luna) and 2 candle bearers/altar servers from the Tabernacle in the Chapel to main Church Sanctuary. The priest or deacon will incense The Blessed Sacrament using the thurible. The 2 candle bearers/altar servers will sit to the side of the altar.*

“Jesus will be joining us shortly! When you hear the bell, make the Sign of The Cross as you kneel down before Jesus and listen to the traditional Eucharistic hymn from the 15th century “O Sacrament Most Holy” typically sung at Benediction preparing you to adore Our Lord!

(RE staff play “O Sacrament Most Holy”(2:33) as The Blessed Sacrament arrives)

O SACRAMENT MOST HOLY

TRADITIONAL

SING 3 TIMES

O Sac - ra - ment most Ho - ly, O Sac - ra - ment Di - vine,
All praise and all thanks - giv - ing Be - ev - ery mo - ment Thine.

The image shows a musical score for the hymn 'O Sacrament Most Holy'. It consists of two systems of music, each with a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is B-flat major (two flats) and the time signature is 4/4. The first system contains the first two lines of the hymn, and the second system contains the final line. The lyrics are written below the vocal line. The instruction 'SING 3 TIMES' is written above the first system.

After placing The Blessed Sacrament in the Monstrance on the altar and incensing, the priest or deacon will pray aloud:

“Lord Jesus Christ, present before us in The Blessed Sacrament, we come before you and we ask you to help us to open our hearts. This week was one filled with many experiences – many activities – many encounters with others. This afternoon, we come before You; You, our loving God who will listen to us. Welcome us with all of our faults and imperfections. Help me to be silent! Speak to me, Lord, in my heart. Amen.”

9:05am/4:20pm The priest or deacon says, from the ambo or with the cordless microphone:

“Please remain kneeling facing the Altar as we adore The Blessed Sacrament and pray the “Act of Love” (which will be on a poster in front), “Our Father” and “Hail Mary” aloud.”

Act of Love: **“O Lord God**, I love you above all things and I love my neighbor for your sake because you are the highest, infinite and perfect good, worthy of all my love. In this love I intend to live and die. Amen.”

“Our Father, who art in Heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth
as it is in Heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who
trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.”

“Hail Mary, full of grace,
the Lord is with thee;
blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary, mother of God,
pray for us sinners,
now and at the hour of our death. Amen.”

9:10am/4:25pm *The priest or deacon will say, from the ambo or with the cordless microphone:*

Priest says: “Please rise ... The Lord be with you.”

All respond: “And with your spirit.”

Priest says: “A reading from the Holy Gospel according to Matthew.” *“The Transfiguration of Jesus” Matthew 17:1-8*

All respond: “Glory to you, O Lord.”

As the deacon or priest introduce the Gospels all in the community sign themselves with the sign of the cross traced on the forehead, the lips and over the heart. This signing reminds us “Christ in my thoughts” “Christ from my lips or what I say” and “Christ in my heart.”

“After six days Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light. And behold, Moses and Elijah appeared to them, conversing with him. Then Peter said to Jesus in reply, “Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah.” While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, “This is my beloved Son, with whom I am well pleased; listen to him.” When the disciples heard this, they fell prostrate and were very much afraid. But Jesus came and touched them, saying, “Rise, and do not be afraid.” And when the disciples raised their eyes, they saw no one else but Jesus alone.”

Priest says: “The Gospel of the Lord.”

All respond: “Praise to you Lord Jesus Christ.”

9:15am/4:30pm *The priest or deacon will ask all to be seated as he reads SLOWLY, from the ambo or with the cordless microphone the following reflection meditation leading the children to Adoring Jesus SILENTLY:*

“Please be seated.

Close your eyes and imagine your self in a quiet place. Imagine yourself alone; it could be indoors someplace or somewhere outside.

If it’s a room, look around and imagine what is in your room – a picture, a chair, a door.

If it’s outside look around – feel the breeze; notice the trees, the mountain, and the water.

Take a moment and get used to being in that place alone.

Now imagine if you knew Jesus was going to be in that place with you.

It was just going to be you and Jesus, face to face.

Imagine ... Jesus was going to be in that quiet place with you.

Now in your mind, get ready to meet Jesus in that quiet place.

What would you do if you had that time together with Jesus?

If Jesus himself were going to be right there in that quiet place with you – what would you say to him?

Is there anything you would thank Him for if you had the chance?

What would you thank Him for?

Our families,

Our friends,

Good teachers,

Classmates,

Plenty of food.

Is there anything you would tell Him you are sorry for?
Is there anything you would ask His forgiveness for?
Something that happened today – or a long time ago that you
are holding onto and can't forget?
Ask for help for yourself or others.
Think about the homeless,
The sick,
Those in the military and their families who are missing them,
The lonely ...
And the souls in Purgatory.
There you are in that quiet place – and now ... somehow, Jesus
is there with you!
Jesus tells you that this time is just for the two of you.
Jesus asks you – *What is in your heart?*
Go ahead and tell Him what is on your mind and in your heart
... this is your time with him.
Anything else you want to tell Him?
Anything else you want to thank Him for?
Anything else you want to ask Him forgiveness for?
Or maybe, you would just look at Him and grab His hand.
He looks at you!
He says your name.
He says --- *I want you to know I LOVE YOU!*
Jesus looks you right in the eyes, says your name and He says
again ...
I LOVE YOU!
He says – I want you to hear me when I say I love you.
He holds out His arms and hugs you.
He steps back and looks right at you – He smiles and He tells
you ...

I am with you here now and forever!

*There is nowhere you can go that I will not already be there ...
waiting for you --- loving you!*

I MADE YOU and I LOVE YOU!!

*Now open your eyes – and look upon Him because He is truly
here -- He is truly present in our midst in the monstrance!*

*The priest or deacon says, from the ambo or with the cordless
microphone:*

***“Let’s all sit in silence, with our hands folded in prayer and
rest in the presence of God. Ask Him to be with you in
everything you do. Thank Him for being with you in every
moment of every day. Tell Him about how you want to walk in
His presence every day. Thank Him for all that he has done
and continues to do for you. Feel the SILENT, loving presence
of Jesus in our hearts!”***

(The heat in the church goes on NOISILY at 4:30pm)

(RE staff play Gaudeamus ones (3:00) and Kyrie (2:03) during the silence)

***9:25am/4:40pm The 3rd and 4th grade students will be
dismissed back to their classrooms IN SILENCE by the
Religious Education staff after these 2 hymns***

***The 5th and 6th grade students will sit in SILENCE while the
3rd and 4th grade classes are dismissed and remain until the
conclusion of Adoration and Exposition with Benediction.***

(RE staff play Anima Christi (3:00) during the silence)

After the 3rd and 4th grade students have been dismissed back to their classrooms IN SILENCE by the Religious Education staff and we have listened to the Anima Christi hymn, the priest or deacon asks all to kneel and listen the Tantum Ergo:

“Please kneel and listen to the “Tantum Ergo.” This hymn written by Saint Thomas Aquinas pays homage to our Lord both in the Eucharist and in His glory in the Trinity. We are invited to get down on our knees in adoration of Our Lord!”

(RE staff play “Tantum Ergo” (2:22))

The priest or deacon incenses The Blessed Sacrament while the song is playing.

TANTUM ERGO Sacramentum Veneremur cernui:
Et antiquum documentum Novo cedat ritui: Praestet
fides supplementum Sensuum defectui.
Genitorum, Genitorumque Laus et jubilatio, Salus,
honor, virtus quoque Sit et benedictio: Procedenti
ab utroque Compar sit laudatio. Amen.

8:30am/4:45pm *“Please remain kneeling as together we pray aloud the “Anima Christi” while adoring* and ask Jesus to fill our hearts completely during Adoration. This beautiful prayer is often said after receiving Communion and dates from the early 14th century. St. Ignatius Loyola, the founder of the Jesuits, was particularly fond of this prayer.”

“Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds conceal me.
Do not permit me to be parted from you.
From the evil foe protect me.
At the hour of my death call me.
And bid me come to you,
to praise you with all your saints
for ever and ever. Amen.”

9:35am/4:50pm *The priest or deacon will ask, from the ambo or with the cordless microphone, all to remain kneeling and the priest or deacon prays the following petitions aloud from the ambo or with the cordless microphone:*

“Remain kneeling. Let us ask Jesus for help ... the priest or deacon says -- please respond – “Be with us Lord.”

When we are tempted - *(pause)* - *Be with us Lord.*
When friendship is rejected - *(pause)* - *Be with us Lord.*
When we cannot see you - *(pause)* - *Be with us Lord.*
When we are selfish - *(pause)* - *Be with us Lord.*
When we are lonely - *(pause)* - *Be with us Lord.*
When we are worried - *(pause)* - *Be with us Lord.*
For whatever is troubling us now - *(pause)* - *Be with us Lord.*

“The fragrant smoke of incense was used in Old Testament liturgy as far back as the time of Moses as an offering to God. The Catholic Church uses incense to purify and sanctify what it touches and accompany our prayers rising to Heaven.”

9:35am/4:50pm *The priest or deacon announces
Benediction, from the ambo or with the cordless microphone:*

“Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood, help us to experience the salvation won for us and the peace of the kingdom, where you live with the Father and the Holy Spirit, one God, for ever and ever.”

All respond: “Amen.”

The Director of Religious Education announces, from the ambo or with the cordless microphone:

“While kneeling, please make the sign of the cross when you are blessed by Jesus. Bless yourself each time the Blessed Sacrament faces a different direction (“The Father, The Son and The Holy Spirit”).

9:40am/4:55pm *The priest or deacon will incense The Blessed Sacrament using the thurible. The priest or deacon with humeral veil, raises Monstrance and Jesus in the Blessed Sacrament and the children are blessed by The Blessed Sacrament in 3 directions, as the server rings the bells each time the Blessed Sacrament faces a different direction* (“The Father, The Son and The Holy Spirit”)!

9:40am/4:55pm *All remain kneeling and after returning The Blessed Sacrament in the Monstrance to the altar the priest or deacon, kneeling at the Altar, will ask all to repeat the Divine Praises* (which will be on a poster in front) **aloud:**

“Please repeat the Divine Praises after me

Blessed be God ...

Blessed be God

Blessed be his Holy Name ...

Blessed be his Holy Name

Blessed be Jesus Christ, true God and true Man ...

Blessed be Jesus Christ, true God and true Man

Blessed be the Name of Jesus ...

Blessed be the Name of Jesus

Blessed be His Most Sacred Heart ...

Blessed be His Most Sacred Heart

Blessed be His Most Precious Blood ...

Blessed be His Most Precious Blood

Blessed be Jesus in the Most Holy Sacrament of the altar ...

Blessed be Jesus in the Most Holy Sacrament of the altar

Blessed be the Holy Spirit, the Paraclete ...

Blessed be the Holy Spirit, the Paraclete

Blessed be the great Mother of God, Mary Most Holy ...

Blessed be the great Mother of God, Mary Most Holy

Blessed be Her Holy and Immaculate Conception ...

Blessed be Her Holy and Immaculate Conception

Blessed be Her Glorious Assumption ...

Blessed be Her Glorious Assumption

Blessed be the name of Mary, Virgin and Mother ...

Blessed be the name of Mary, Virgin and Mother

Blessed be Saint Joseph Her most chaste spouse ...

Blessed be Saint Joseph Her most chaste spouse

Blessed be God in His Angels and in His Saints ...

Blessed be God in His Angels and in His Saints.”

The priest or deacon will pray aloud from the ambo or with the cordless microphone:

“May the heart of Jesus, in The Most Blessed Sacrament, be praised, adored, and loved with grateful affection at every moment, in all the tabernacles of the world, even to the end of time. Amen.”

“Please remain kneeling facing the Altar as we adore The Blessed Sacrament and pray the “Our Father,” “Hail Mary” and “Glory Be” aloud.”

“Our Father, who art in Heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth
as it is in Heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who
trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.”

“Hail Mary, full of grace,
the Lord is with thee;
blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary, mother of God,
pray for us sinners,
now and at the hour of our death. Amen.”

“Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.”

8:55am/4:55pm “The Blessed Sacrament will now be processed back to the tabernacle and repositioned, ending Adoration, Exposition and Benediction.” *The priest or deacon genuflects in front of the altar and will process with The Blessed Sacrament (in Luna) and 2 candle bearers to the Tabernacle in the Chapel from the main Church Sanctuary.*

All remain in silence until the Religious Education staff will ask all to stand and listen to “Holy God, We Praise Thy Name” and return to their classroom in SILENCE after the song is finished.

“Please stand and listen to “Holy God, We Praise Thy Name” which is usually sung at the conclusion of Evening Prayer. *After the song is concluded please return to your classroom in silence.*”

*(RE staff play “Holy God, We Praise Thy Name” (3:24)
as The Blessed Sacrament departs)*



1. Ho - ly God, — we praise — Thy name!
2. Hark! the loud — ce - les - tial hymn
3. Ho - ly Fa - ther, Ho - ly Son,



1. Lord of all — we bow — be - fore Thee,
2. An - gel choirs — a - bove — are rais - ing;
3. Ho - ly Spir - it, Three — we name Thee,



1. All on earth — Thy scep - ter claim,
2. Cher - u - bim — and Ser - a - phim
3. While in es - sence on - ly One,



1. All in heav-en a - bove — a - dore Thee:
2. In un - ceas - ing cho - rus prais - ing:
3. Un - di - vid - ed God — we claim Thee,



1. In - fi - nite — Thy vast do - main,
2. Fill the heav-ens with sweet ac - cord:
3. And a - dor - ing bend the knee,



1. Ev - er - last - ing is Thy rein.
2. Ho - ly, Ho - ly, Ho - ly Lord!
3. While we own — the mys - ter - y.