

St. Aloysius Religious Education 2018-2019

4th Grade

- 4:00pm Welcome (*To ensure accuracy, class attendance must be accurately recorded by a catechist and not another student - class attendance is an official document retained by the parish and the diocese*)
- 4:05pm *We Gather* - in Prayer at the prayer table
(*use colored table covering for appropriate liturgical season*)
Use the Gospel Reading "Hearing the Word" from the previous Sunday in Celebrating Sunday for Catholic Families book in the prayer box
- 4:10pm Read about a Saint from the "Patrons and Protectors" series (*Occupations, More Occupations and In Times of Need*) by Brother Michel (Mickey) McGrath and show the artwork – Brother Mickey puts the Holy Spirit (*symbolized by a white dove*) somewhere in each painting ... see if you can find Him☺
- 4:15pm Review previous lesson using Sharing Faith (*use chapter test in book*)

4:20pm **Chapter #12 "Strengthened by the Eucharist"**
Chapter #24 "We Grow in Holiness"

Our faith teaches us that what we proclaim in the Eucharist, Christ's death and resurrection, is also made present in that very action by the power of God's love and goodness. This is the heart of our faith in the sacrament we call the Eucharist, the holy sacrifice of the Mass, the real presence of Christ. The Eucharist is at the heart of the Church's life. In the celebration of this mystery of faith, Christ himself is present to his people. When the Church gathers in worship of God and offers the Eucharistic sacrifice, not only is Christ really and truly present under the appearance of bread and wine, but he also continues his saving work of our salvation.

We grow in holiness through prayer, the sacraments and the gifts of the Holy Spirit. The Holy Spirit is to our spiritual existence what air is to our physical existence. In fact, the Spirit is sometimes referred to as the breath of God and is represented by wind or moving air. Do you see the Holy Spirit working through people? We can appreciate God in everyday people when we see their goodness – the fruits of the Holy Spirit! How can the Holy Spirit work through you? The liturgy is the official public prayer of the church. Jesus is always present in the liturgy.

- *We Believe* –

Liturgy – the official public prayer of the church.

Sacrament – a special sign given to us by Jesus through which we share in God's life.

Gifts of the Holy Spirit – the seven gifts which help us to follow God's law and live as Jesus did.

Fruits of the Holy Spirit – the good things people can see in us when we respond to the gifts of the Holy Spirit.

- *We Respond* –

Learn to appreciate the help the Holy Spirit gives us. Think of people who help us do difficult things – list their names on the board. Encourage the students to give courage and strength to others. The Holy Spirit knows it is not always easy to live as Jesus' followers, so he gives us these gifts. Remember the Holy Spirit fills us with enthusiasm for life and our faith! Complete page 203c.

- *We Believe* - describe the words and actions of the Liturgy of the Word and the Liturgy of the Eucharist.
MASS – the celebration of the Eucharist.
ASSEMBLY – the community of people gathered to worship in the name of Jesus.

LITURGY OF THE WORD – the part of the Mass when we listen and respond to God’s word.

HOMILY - talk given by priest or deacon that helps us understand the readings and to grow as faithful followers of Jesus.

LITURGY OF THE EUCHARIST – the part of the Mass in which the death and Resurrection of Christ are made present again; when the bread and wine become the Body and Blood of Christ.

EUCHARISTIC PRAYER – the church’s greatest prayer of praise and thanksgiving to God.

CONSECRATION – the part of the Eucharistic prayer when, by the power of the Holy Spirit and through the words and actions of the priest, the bread and wine become the Body and Blood of Christ.

- *We Respond* – What is my attitude about going to Mass? Do I participate? Why do we celebrate the Mass? Also review how we receive the Eucharist at Mass --- **reinforce the reverence expected approaching the Minister and how we bow from the waist prior to receiving Jesus!** Review the parts of the Mass; entrance and genuflection, participation, communion & blessing when exiting.

The Mass as we know it was proclaimed at the Council of Trent in 1545 and revised in 1962 at the Second Vatican Council. What makes us different from other religions is – we understand that the bread and wine become the body and blood of Jesus at the consecration, not just symbols! The parts of the Mass are:

Introductory Rites

Greeting

Penitential Rite

Gloria

Opening Prayer

Liturgy of the Word

2 Readings (1st Old Testament and 2nd New Testament)

Gospel Reading

Homily

Profession of Faith - Creed

Prayers of the Faithful - Intercessions

Liturgy of the Eucharist

Eucharistic Prayer

Our Father

Rite of Peace

Lamb of God

Communion

Concluding Rite

4:55pm

Closing Prayer –

“Blessed be Jesus in the most Holy Sacrament. Remain with me, O Lord.
Always keep me close to you. Help my faith grow.”

Ask the children to say a petition aloud for someone or something they would like to pray for.

“What is something for which you are grateful? How do show that gratitude to God?”

Catechist Background:

<http://www.usccb.org/prayer-and-worship/the-mass/order-of-mass/liturgy-of-the-eucharist/the-real-presence-of-jesus-christ-in-the-sacrament-of-the-eucharist-basic-questions-and-answers.cfm>

Etiquette at Holy Mass

As Catholics, we believe that the Church is the House of God, to which He invites all His children, where they may give thanks, prayers and worship to their God and Creator.

Like any house to which one is invited, there is always some sort of basic etiquette, and God's house is no different. Below are some basics to help you feel more at home, and to allow others to worship as well.

Mass Etiquette: 20 Things To Do And Not Do In Mass

1. **Fast before Mass.** It is Church law that one fasts for at least 1 hour before receiving Holy Communion. The only exceptions are medicine, water or unless someone is ill and needs to eat sooner.
2. **No Food and Drink in Church.** The only exceptions would be milk for infants, water for the priest or choir (if discreet) and water for those who are ill.
3. **Men take your hats off.** It is impolite to wear a hat into any church for a man.
4. **Don't chew gum in church.** It breaks your fast and it's distracting.
5. **Cross yourself with Holy Water on entering and leaving the church.** This is a reminder of our Baptism, which made us members of Christ's Church.
6. **Dress modestly and appropriately.** Wear your Sunday best. As Catholics, we believe that God comes down to meet us at every Mass. Why would we not dress up?
7. **Show up at least a few minutes early.** If you can't be on time, then sit in the back so you don't disturb others.
8. **Cell phones should never be used in Mass for calls or texting.** The ONLY exceptions are emergencies (big ones, not everyday ones) and if you are using the phone for readings or prayers.
9. **Don't sit on the edge of the pew if you sit down before others.** Rather, sit in the middle so others don't have to climb over you.
10. **When we enter and leave Church, genuflect toward the Tabernacle.** Christ is present for our sake. By allowing our right knee to hit the floor, we acknowledge He is our Lord and God. If someone is physically unable to genuflect, then a bow is sufficient. During Mass, if you pass in front of the altar or tabernacle, bow reverently.
11. **Sit quietly while in church.** Once you enter the sanctuary - it is not the time or place to visit with those around you. If you must talk do so as quietly and briefly as possible. Remember that your conversation might be disturbing someone who is in prayer, which is much more important. Sssshhhhhhhhh.
12. **Take loud children to the back.** Every parent knows that sometimes the baby is going to have a bad day. Sit on the end of a pew, if you can, and take the child to the back quickly.
13. **Prepare your offering (donation) before Mass.** *Christ tells us not to let your left hand know what your right hand is doing when you make your offering.* Don't draw attention to your righteous acts. Give in a spirit of humility and simplicity, seeking to honor God and show how much we love and trust Him.
14. **No bulletin reading during Mass.** Imagine if you invited a guest to your house and before dinner (or during) they decided to read a magazine instead of talking to you.
15. **Respect Boundaries others may have.** You might want to hold hands to pray, they may not. They might be sick and not want to shake during the sign of peace. These are all OK. Do not make any unnecessary judgment because they worship differently.
16. **Bow before receiving Holy Communion.** If it is God, then show your respect with a bow of the head. When the Eucharistic minister presents the Host and says "The Body of Christ" or "The Blood of Christ" (for the Chalice), the proper response is a simple "Amen!" This indicates that you know and believe that what you are about to receive is Jesus Himself. Please make sure you have a firm hold on the Chalice (without grabbing it) from the Eucharistic minister. Please consume the Host immediately. If you do not, a Communion Minister may ask you to. This is to protect the Sacrament.

Intinction (“dipping” the Host in the Precious Blood) is not allowed.

17. **Do not receive from the chalice if you are sick.** This is an act of charity. It is sufficient to receive under either Eucharistic species (the Body or Blood) to truly receive Communion. So, if you “forgot” one species or the Precious Blood ran out – you received Communion.
18. **Do not leave early.** We should stay to the end of the recession and the hymn that accompanies it, if there is one.
19. **Pray after Mass, if you can.** It is a good custom, though not required, to offer a prayer of thanksgiving after Mass is over. What could be more important?
20. **Please wait until the priest has exited** before making your pilgrimage to the parking lot. And again, we love to hear your good singing voice, even in the ending hymn!

Leave quietly. We encourage you to visit with others, but once you are outside of the main sanctuary of the church so you won't disturb others who want to stay and pray.

